



LAW SOCIETY
Newfoundland & Labrador

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How to Achieve Great Career Success in the Legal Profession

Date: March 22, 2021

Time: 9:30 am – 12:00 pm

Seminar Overview:

Defining success in the legal profession is a tricky matter. Within law firms, the triad of traditional success has always consisted of 1) prevailing in court, 2) advancing to equity partnership, and 3) making a lot of money. Many people still think that these are the key attributes to building a successful career.

Why is it then that lawyers who seem to have it all often find themselves feeling empty, burnt-out, and unfulfilled? Studies show that these feelings are equally common among large firm associates as well as sole practitioners. These negative emotions too often do great damage to a person's career and general wellbeing.

The journey to achieve great career success should, therefore, start with creating your own vision of success based on your unique beliefs, values and aspirations. Subjective measures of success such as work/life harmony, feeling valued, a sense of meaning and purpose, service, fulfillment, legacy and building strong relationships with colleagues and/or clients need to be considered when working towards a highly successful career.

In this interactive, TED-talk-style workshop, I will help each participant map out their own success model that works for them in their current circumstances, regardless of what stage of their careers they are in. We will explore the common inhibitors of success and identify participants' unique strengths and values. We'll also do several exercises that will allow everyone in the room to develop their own business vision.

By the end of the session, attendees will:

- understand what holds them back from being more successful;
- learn strategies to overcome barriers such as limiting thoughts;
- gain tools to clarify their own version of success; and
- understand how having a clear vision amounts to continued success.

Seminar Presenter:

Dr. Judit Lovas

A lawyer turned success coach, Dr. Judit Lovas runs a coaching and consulting business in St. John's. She works internationally with individuals, entrepreneurs, and organizations, helping them achieve extraordinary career and business success. Judit passionately teaches everyone how to apply the principles of success to their lives and businesses. Judit has a unique workplace wellness program developed for organizations who want to achieve great success while keeping their employees happy, healthy, and productive.

Judit is a mother of her two teenage daughters. In her free time, she is an avid long-distance runner, espresso drinker, and bookworm.

www.juditlovas.com

Registration Fee: \$115.00 (\$100 + HST) HST # R108086463

PLEASE NOTE: THE REGISTRATION PROCESS IS ONLINE ONLY. TO REGISTER FOR THIS SEMINAR, PLEASE CLICK THE FOLLOWING LINK:

https://zoom.us/webinar/register/WN_o452ZJ0KRd2is6E8f4w6vw

PLEASE NOTE: YOUR SPACE WILL NOT BE CONFIRMED UNTIL PAYMENT IS RECEIVED AND REFUNDS WILL NOT BE ISSUED FOR CANCELLATION AFTER MARCH 19, 2021.

CLE Credit: 2.5 hours