

# Cultural Sensitivity Training



# AWARD-WINNING TRAINING PROVIDER

This OCCUPATIONAL HEALTH & SAFETY workshop trains participants about appropriate and inappropriate behaviours in the workplace.

It provides <u>critical information and strategies</u> for building a psychologically safe work environment that supports the mental well-being of employees and management.



WINNIPEG TORONTO HALIFAX CALGARY EDMONTON VANCOUVER REGINA LONDON BURNABY OTTAWA MONCTON ST. JOHN'S WHITEHORSE CHARLOTTETOWN

Cultural

**Sensitivity Training** 

#### All Organizational Levels

#### Topics Covered | 4-Hours for Groups or 3 <sup>1</sup>/<sub>2</sub>-Hours 1:1 for Individuals

- > It is not your INTENTION that counts it's how what you do (or say) is RECEIVED that matters.
  - Impact vs Intent.
  - > Micro-aggressions and Micro-inequities.
    - > Unconscious Bias: A Close Look.
  - > Managing Diversity at Work with Clients or Customers.
  - > False Diversity-Related Assumptions that can Impede Workplace Relationships.
    - Thriving Intergenerational Workplaces!
    - > Types of Harassers in workplaces.
    - Review of the 'Prohibited Grounds' in Canada.
    - How Valuing Differences Prevents Workplace Discrimination and Harassment
      - Cross-Cultural Sensitivity.
      - > Approaches for Resolving Diversity-Related Conflict.

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### **Also Included in the Workshop**

✓ A 'Behaviours in the Workplace' exercise – common workplace situations.

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✓ After the workshop each participant will be awarded a Certificate of Completion.

# **Accreditation and Memberships**

Sensitivity Training Canada is a division of Canadian HR Solutions, Inc. We have alliances with:

- The Canadian Psychological Association
- The Canadian Society of Industrial and Organizational Psychologists
- The International Association of Workplace Bullying and Harassment
  - Human Resources Professional's Association, Ontario
- Chartered Professionals in Human Resources of Alberta and the Northwest Territories
  - Psychometrics Canada
  - Chartered Professionals in Human Resources of British Columbia and Yukon
    - Chartered Professionals in Human Resources of Nova Scotia
    - Chartered Professionals in Human Resources of Prince Edward Island
      - Chartered Professionals in Human Resources of Manitoba
      - Chartered Professionals in Human Resources of Saskatchewan
  - Chartered Professionals in Human Resources of Newfoundland & Labrador
    - Chartered Professionals in Human Resources of New Brunswick

## **Canada-Wide Service**

#### WINNIPEG

201 Portage Ave Winnipeg, MB R3B 3K6

#### TORONTO

104-3300 Highway 7 West Concord, ON L4K 0G2

#### LONDON

380 Wellington St Tower B – 6th Floor London, ON N6A 5B5

#### OTTAWA

116 Albert St Suite 200 Ottawa, ON K1P 5G3

#### VANCOUVER

701 West Georgia Street Vancouver, BC V7Y 1G5

#### CHARLOTTETOWN

7 Babineau Avenue Suite 111 Charlottetown, PE C1A 0C9

#### WHITEHORSE

108 Elliott Street Suite 608 Whitehorse, Yukon Territory Y1A 6C4

#### EDMONTON

10665 Jasper Ave Edmonton, AB T5J 3S9

CALGARY 888 3rd St Sth West Calgary, AB T2P 5C5 Oreanilation

#### REGINA

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HALIFAX 1959 Upper Water Street Halifax, NS B3J 3N2

#### MONCTON

80 Mapleton Road Unit 11-40 Moncton, NB E1C 7W8

#### ST. JOHN'S

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Distribution