



Sensitivity Training Canada™

Respect in the Workplace

Est. 2010

Respect in the Workplace

Sensitivity Training Workshop

Confidential: Not for Distribution Outside of Your Organization



AWARD-WINNING TRAINING PROVIDER



This OCCUPATIONAL HEALTH & SAFETY workshop trains participants about inappropriate behaviours in the workplace.

It provides critical information and strategies for building a psychologically safe work environment that supports the mental wellbeing of employees and management.



Respect in the Workplace

Sensitivity Training Workshop

Topics Covered | 4-hours

- Enhancing awareness of how you come across in the workplace (with colleagues and customers).
 - The fundamentals of respect.
 - Inappropriate workplace conduct.
- It is not your INTENTION that counts – it's how what you do (or say) is RECEIVED that matters.
 - Impact vs Intent.
 - The fundamentals of harassment, bullying, and intimidation.
 - The two types of Harassers in workplaces.
 - Review of the 'Prohibited Grounds' in Canada.
 - A close look at Sexual Harassment (a term often misunderstood).
- Strategies for interacting with colleagues and customers in respectful ways.
 - Employee responsibilities.
 - Cross Cultural Sensitivity.
 - Things that Should not be Done or Said in the Workplace.
 - Understanding Workplace Boundaries.
 - Attitude.
 - Achieving healthy resolution.
 - Restoring the work environment.
- Commitment to behavioural and attitudinal change toward colleagues and customers.
- Build a collaborative work environment and help your employer to succeed.

Also Included in the Workshop

- ✓ A '**Behaviours in the Workplace**' exercise – common workplace situations.
- ✓ After the workshop each participant will be awarded a Certificate of Completion.

Accreditation and Memberships

Sensitivity Training Canada is a division of Canadian HR Solutions, Inc. We have alliances with:

- The Canadian Psychological Association
- The Canadian Society of Industrial and Organizational Psychologists
- The International Association of Workplace Bullying and Harassment
- Human Resources Professional's Association, Ontario
- Chartered Professionals in Human Resources of Alberta and the Northwest Territories
 - Psychometrics Canada
- Chartered Professionals in Human Resources of British Columbia and Yukon
 - Chartered Professionals in Human Resources of Nova Scotia
- Chartered Professionals in Human Resources of Prince Edward Island
 - Chartered Professionals in Human Resources of Manitoba
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