



LAW SOCIETY

Newfoundland & Labrador

News & Updates

October 16, 2024

Unveiling the Omnibus Report on Mental Health in Canada's Legal Community

The Law Society of Newfoundland and Labrador is sharing the Omnibus Report for Phase II of the “National Study on the Psychological Health Determinants of Legal Professionals in Canada”, recently released by the [Federation of Law Societies of Canada](#) (FLSC). This groundbreaking study, conducted under the scientific direction of Dr. Nathalie Cadieux from the Université de Sherbrooke, provides vital insights into the mental health and well-being of legal professionals across the country, including those practicing in Newfoundland and Labrador.

The report highlights significant challenges faced by legal professionals, including high levels of stress, burnout, anxiety, and depression. The study revealed that 74% of participating legal professionals in Newfoundland and Labrador consider their work mentally taxing, underscoring the need for targeted interventions to support the mental health of our legal community.

The Law Society of Newfoundland and Labrador recognizes the critical importance of fostering a culture of wellness within the legal profession in Newfoundland and Labrador. One of the key pillars of the Law Society's strategic plan for 2021-2024 is to “Promote Health and Wellness” and, as the report notes, a number of steps have already been taken to promote health and wellness in the legal profession including efforts to destigmatize mental health issues, improved [CPD offerings](#), the introduction of the [Wellness Toolbox](#) and changes to the [bar admission and articling processes](#). The Law Society is committed to reviewing the recommendations carefully and continuing to explore ways to create a healthier work environment for everyone.

FOR MORE INFORMATION & TO READ THE REPORT

RESOURCES

Our [practice resources](#) offer valuable insights regarding the complexities of law practice management. Created to help lawyers navigate the requirements and obligations outlined in the *Law Society Act, 1999*, Law Society Rules, and Code of Professional Conduct, they serve as supportive tools. While not exhaustive, they provide valuable insights.

Please remember that every practice management question should be considered within your unique context, and professional judgment is very important.

[Reading Suggestions for Practice Management](#)

REAL ESTATE TRANSACTIONS

Disciplinary Matters

Through the disciplinary process, the Law Society of Newfoundland and Labrador reviews and assesses the professional conduct of its members. These assessments are made based on ethical standards outlined in the *Law Society Act, 1999*, along with the [Law Society Rules](#) and the [Code of Professional Conduct](#).

DISCIPLINARY DECISIONS

HEARINGS

COUNSELS & CAUTIONS



[Not So Risky Business Blog by CLIA](#)

The [Canadian Lawyers Insurance Association \(CLIA\) Not So Risky Business Blog](#) aims to assist legal professionals in practice management, error avoidance, and gaining a deeper insight into insurance coverage requirements. Every Wednesday, CLIA's blog will cover informative topics such as

loss prevention tips, fraud alerts, cyber awareness, wellness, and more.

You can also [subscribe to receive notifications of new posts directly to your inbox.](#)

Recent Articles

[Online Loss Prevention Repository – Communications](#)



[Invitation to the Launch of *Invisible Prisons* with Lisa Moore & Jack Whalen](#)

On October 22 at 7:00 pm, join Lisa Moore and Jack Whalen for the launch of *Invisible Prisons*, a powerful collaboration between the award-winning author, Lisa Moore, and Jack Whalen. Jack's life was deeply impacted by his time at a reform school in St. John's, but with the support of his wife, Glennis, and his daughter, Brittany, he found strength and resilience. Brittany, now a lawyer, is seeking justice on her father's behalf.

This event promises to be an inspiring and insightful evening. For more information about this event, please click [here.](#)



The Law Society of Newfoundland and Labrador website has an events section with updated CPD opportunities, events, conferences, and more. A list of recordings is available [here.](#)

Upcoming Events

- Swearing-In Ceremony for Justice Trina Simms by the Supreme Court of Newfoundland and Labrador - *October 18*
- Fall Regional Meeting by the Family Dispute Resolution Institute Atlantic - *October 18*
- Free Peace of Mind Virtual Conference by the Canadian Lawyers Insurance Association - *October 24*
- Using Trusts in Estate Planning by the Seminar Partners - *October 30*
- Preventing & Dealing with Will Drafting Errors by the Seminar Partners - *November 7*
- Transaction In A Day: Buying or Selling a Business by the Canadian Bar Association NL - *November 29*
- Aboriginal Law: Critical and Emerging Issues by Osgoode Hall Law School - *December 5*
- Thinking Fast and Slow: Strategies and Tools to Enhance Decision Making by Osgoode Hall Law School - *December 11*
- De-escalating Potentially Violent Situations by the Crisis & Trauma Resource Institute - *December 19*

[VIEW ALL EVENTS](#)

Did you know that the Law Society of Newfoundland and Labrador website has a News section with updated information on job opportunities, professional development, notices, and more? Visit our website today to check out some of the great online resources available.



Current Opportunities

- Members - Employment Insurance Board of Appeal
- Senior Counsel - Department of Justice Canada
- Public Representatives - Dispensing Opticians Board of Newfoundland and Labrador
- Legal Counsel - Nunatsiavut Government
- Senior Legislative Counsel - Alberta Legislative Counsel Office
- Member - Canada's Volunteer Awards National Advisory Committee

[VIEW ALL OPPORTUNITIES](#)

Search for a Will

Members are reminded that they may only disclose the contents of a will where authorized to do so. By sending this search for a will, the Law Society is not in any way authorizing disclosure to the individual initiating the request. Members must assess whether that individual is entitled to review or know the contents of the will.

Verbena Florence Dorey

Born September 17, 1940; died December 14, 2023.

Last place of residence was Twillingate.

Any member with information regarding the Last Will and Testament is asked to contact Darren John Dorey at (416) 230-0895.

Hector Sterling Dorey

Born March 28, 1932; died August 4, 2009.

Last place of residence was Lewisporte.

Any member with information regarding the Last Will and Testament is asked to contact Darren John Dorey at (416) 230-0895.

VISIT US



You are receiving this communication in accordance with your membership with the Law Society of Newfoundland and Labrador.

This is a mandatory communication.